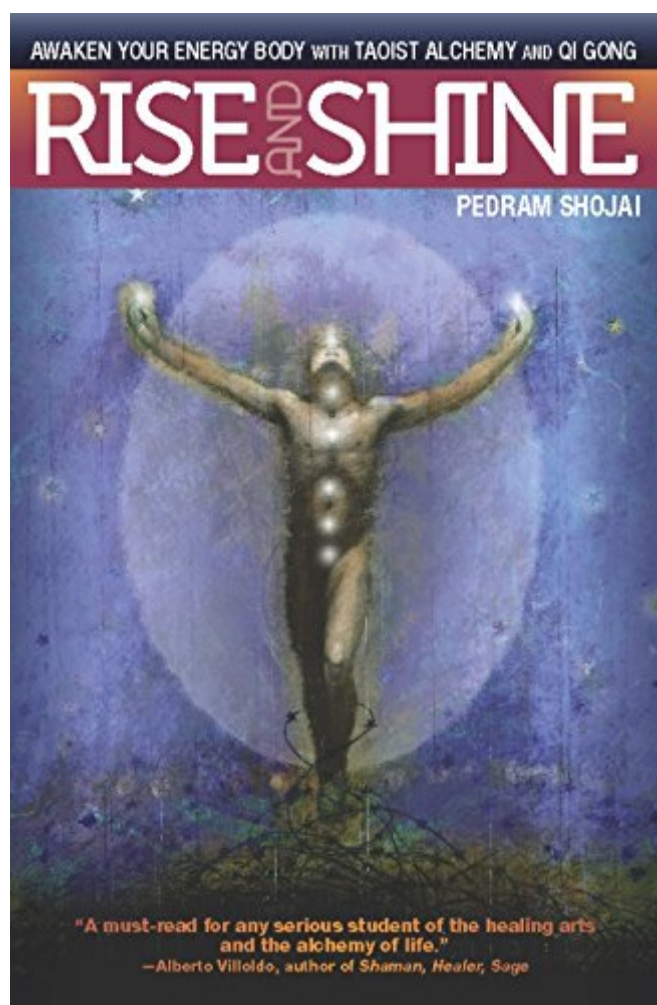


The book was found

Rise And Shine: Awaken Your Energy Body With Taoist Alchemy And Qi Gong



Synopsis

Find new balance, energy, awareness, and personal power through the ancient mystery techniques of Alchemy and Qi Gong.

Book Information

File Size: 2332 KB

Print Length: 306 pages

Publisher: Process (April 1, 2011)

Publication Date: April 1, 2011

Language: English

ASIN: B0050IGXMQ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #207,342 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #88

inÂ Kindle Store > Kindle eBooks > Religion & Spirituality > Occult > Alchemy #128 inÂ Kindle

Store > Kindle eBooks > Nonfiction > Politics & Social Sciences > Philosophy > Metaphysics #137

inÂ Books > Health, Fitness & Dieting > Exercise & Fitness > Tai Chi & Qi Gong

Customer Reviews

The title does what it says. You will gain an understanding of energy that you did not know & never would know. Once you have this knowledge, your choices will change your life. Get the book. Read it twice. Incorporate its teachings. Pedram is an amazing writer, very friendly & conversational. Then follow him on YouTube everywhere :)

I can not tell how much I liked this book, with lots of information (but not boring), and also with the authors' experience in the way of self-knowledge. Explains difficult concepts of the Chinese medicine and the practice of Tai Chi and Qi Gong in a very interesting way.

Incredible information presented in a way that "normal" people can understand. Pedram is a very special person - I would highly recommend all of his books/dvd's.

I have read many books on taoism and this one is among the very best. It may help us to wake from our sleep we have been walking in. Wake up, zombies!

So inspired by this book and his humble approach to Tao. I started the Qi Gong exercises and they are so helpful. I just need to be able to get the download from the website so I know how to do the Qi Gong exercise #3

This book is an incredibly thoughtful and well intended book that teaches you the history and theory behind Taoism as well as practices to implement the principles outlined into your daily life.

I have read many other books on ChiGong, alchemy, etc. but this book is written in clear, concise language that makes it a joy to read. The exercises that are recommended are doable for people who have active lifestyles. I heartily recommend it.

one of the best and most eye opening reads of my life.

[Download to continue reading...](#)

Rise and Shine: Awaken Your Energy Body with Taoist Alchemy and Qi Gong CHAKRAS: Chakras for Beginners - Awaken Your Internal Energy and Learn to Radiate Positive Energy and Start Healing (Chakras, Chakras For Beginners, Awaken Chakras, Third Eye) Nei Gong: The Authentic Classic: A Translation of the Nei Gong Zhen Chuan Awaken Healing Energy Through The Tao: The Taoist Secret of Circulating Internal Power Five Elements, Six Conditions: A Taoist Approach to Emotional Healing, Psychology, and Internal Alchemy CHAKRAS: Chakras for Beginners - Awaken Your Internal Energy and Learn to Radiate Positive Energy and Start Healing (Chakra Meditation, Balance Chakras, Mudras, Chakras Yoga) Chakras: Awaken Your Internal Energy â “ Balance Chakras, Radiate Energy and Healing Through Meditation (Chakras, Spirituality, Serenity) Chakras: Awaken Your Internal Energy - Balance Chakras, Radiate Energy and Healing Through Meditation Qi Gong for Health and Healing: A Complete Training Course to Unleash the Power of Your Life-Force Energy BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) Energy Makes Things Happen (Rise and Shine) 7 Minutes of Magic: Recharge Your Body Each Day with Qi Gong Reiki: The Healing Energy of Reiki - Beginnerâ™s Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing

for Beginners Book 1) Developing Internal Energy for Effective Acupuncture Practice: Zhan Zhuang, Yi Qi Gong and the Art of Painless Needle Insertion The Multi-Orgasmic Diet: Embrace Your Sexual Energy and Awaken Your Senses for a Healthier, Happier, Sexier You Chakras, Kundalini: 2 in 1 Bundle: Book 1: How to Awaken Your Internal Energy through Chakra Meditation + Book 2: The Kundalini Awakening Guide for Healing and Unlocking Your Spiritual Power The Power of Positive Energy: Everything you need to awaken your soul, raise your vibration, and manifest an inspired life Qigong Empowerment: A Guide to Medical, Taoist, Buddhist and Wushu Energy Cultivation Taoist Sexual Meditation: Connecting Love, Energy and Spirit Taoist Secrets of Love: Cultivating Male Sexual Energy

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)